

Activity 21: Focus on My Career

Target Audience: Grades 9-12

Objective: The students will:

- Evaluate their progress in the career planning process.
- Create a summary of actions needed to meet their career goals.

ASCA Standard	National Career Development Goal	National Career Development Guidelines
Academic Development Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.	Educational Achievement Goal 1: Attain educational achievement and performance levels needed to reach your personal and career goals.	ED1.K1: Recognize the importance of educational achievement and performance to the attainment of personal and career goals. ED1.A1: Demonstrate educational achievement and performance levels needed to attain your personal and career goals. ED1.R1: Evaluate how well you have attained educational achievement and performance levels needed to reach your personal and career goals.

Resources and Materials:

- Focus on My Career Activity Sheet
- Career Outlook, North Dakota Career and Technical Education Student Organization (CTSO) Leaders, page 64

Leading Questions and/or Comments: This lesson is a resource the students can use to evaluate their progress on their career goal. This lesson could be used in conjunction with the My Career Plan lesson or Rate My Workplace Skills lesson to assist students in long term career planning.

Activities:

This lesson provides a big picture look for students related to what they need to accomplish to meet their career goal. Review the North Dakota CTSO Leaders article and discuss how students can build skills through CTE courses and how being a part of a CTSO can help them meet their career goals.

Have students:

- Complete the “To Do” checklist in the activity to evaluate their own skills and set goals to improve the necessary skills needed.
- Discuss how they can get the resources, information and support they need for their career journey.

Making Connections for Students:

Ask the students:

- Why is it important to keep reviewing your progress as you work towards a career plan?

Optional Activities:

Students can scan this activity sheet and download it to their portfolio in RUReady.ND.gov or add as a journal entry.